

Communion Meditation

"The True Bread out of Heaven"
(Exodus 16 & John 6)

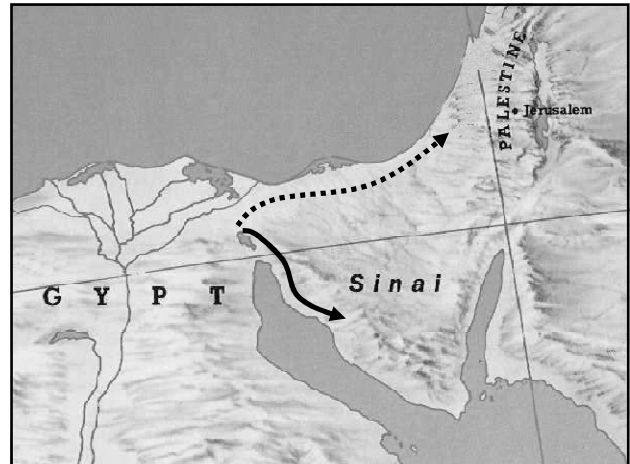
True Bread out of Heaven

"These are My words which I spoke to you while I was still with you, that all things which are written about Me in the Law of Moses and the Prophets and the Psalms must be fulfilled."

– Luke 24:44

True Bread out of Heaven

Exodus 16...



True Bread out of Heaven

Exodus 16...

- Testing by God in the wilderness
- God's gracious, miraculous provision of "manna"

True Bread out of Heaven

Lesson of Manna

- To make them understand that...

"man does not live on bread alone but man lives on every word that proceeds out of the mouth of the Lord" (Deut. 8:3)

True Bread out of Heaven

Manna: A Type of Jesus

- manna ultimately pointed to God's greater provision of His Son that we might have life

True Bread out of Heaven

Manna: A Type of Jesus

1. "I am the bread of life"
 - Jesus is the source of the deepest and ultimate satisfaction
 - Jesus is the source of eternal life – this is ultimately satisfying!

True Bread out of Heaven

Manna: A Type of Jesus

2. "My flesh and...My blood"
 - A veiled reference to His sacrificial death
 - It is by His death and our partaking of it by faith that we have eternal life

True Bread out of Heaven

Manna, Christ & Communion

- Symbolism of Communion
 - Feasting on Christ as the true manna who satisfies our deepest needs
 - Partaking of the benefits of Christ's death as that which gives us life